

R N D

ISSUE # 42

EDITORS: MARY ANNE & NICK TURNER

Your Attendance is Valuable

In Region 5, Cariboo and North West, we are entering the "Jamboree Season". Three special dance weekends have been planned for your pleasure.

May 3 - 5 Prince George hosts their Spring Jamboree.

May 24 - 26 Williams Lake is putting on the Polynesian Paradise Jamboree - lots of special tropical fun!

June 14 - 16 South Cariboo is hosting their final Jamboree after 57 years.

Special weekends like this are hard work to organize but they provide lots of extraordinary dancing fun. If you do not support them, they will disappear very quickly. Costs rise daily and your attendance is needed to enable the clubs to pay the expenses of hosting such enjoyable events.

Come on Folks! Let's get out and dance.

Jamboree season is the time to visit with new and old friends and the time to experience other callers and cuers.

Come out for fun, laughter and great exercise at a very reasonable price.

And sadly..... we can say goodbye to the South Cariboo Jamboree folks and thank them for 57 years of unfailing fun.

Welcome To New Dancers - Here's Hoping For Years Of Fun!

Another dancing year is almost done. Were you lucky enough to have new dancers this season? The Williams Lake club did, and we had a blast! Our 9 new dancers showed so much enthusiasm for our dance form. They filled our evenings with laughter and fun. They willingly jumped in to help with chores like sweeping the floors, putting chairs away and bringing snacks to the dance. They helped the caller carry his equipment. Some of them put in extra time to help others get caught up after an absence. They were such a happy group and boy did they learn quickly!

We certainly do welcome them to the square dance world and extend this welcome to new dancers throughout the region. Since you have taken so much time to explore square dancing, we hope that you will reap the physical, mental and social benefits for years to come. Be assured that the more you dance, the easier it will become. It is like any skill you want to develop, the more you practise, the better you get.

Don't forget that if you wish to brush up on a step, you can go to the web site of Saddlebrook Squares, from Tucson, Arizona. They have kindly demonstrated each of the calls using real dancers. The location of this site is

http://www.saddlebrookesquares.com/lessons.htm

Thanks, You're An Angel!

We also need to extend thanks to those people in our region who make new dancer evenings possible and successful. We are grateful. to have callers willing to give of their time to teach the newcomers and we are especially thankful to those club members who turn up week after week to fill in the squares so that the new dancers can dance. When you turn up to help on New Dancer Evenings, you are

certainly showing that square dancing is about fun and friendship. We hope to see even more of you next season. Be an Angel - support your new dancers!

Find Some More

And now we need to begin the search for next year's new dancers. It's never too early to promote square dancing. Hopefully your club will work as a team to come up with a promotion plan and it would be very helpful if you would share your promotion successes with the rest of the region by submitting an article to this publication. We can be contacted by email at nmturner@telus.net

For example, Gord Ruedig, caller for Powell River, mentioned that they had success stuffing a quarter page flyer in the local newspaper. He says that it worked great. People couldn't ignore it like they would have ignored an ad. The darn thing fell out of the paper when they opened it, so they had to pick it up and deal with it! They had Staples do the printing (4 per page) and cutting and then paid the newspaper a small fee to stuff the papers. They were able to target areas of town they thought would yield the most benefit so didn't have to place flyers in every paper.

REGION REFLECTIONS

Williams Lake Stampede Whirlaways by Gil McCall

Our club has been kept extremely busy over the past while – a lot of activities and a lot of fun and camaraderie. **Marie and Mike Gibbons** hosted a Snowshoe dance in February. Have you ever tried dancing with those things affixed to your feet? I'll tell you, it's not an easy task. But, it can get you a badge for your collection! About thirty people enjoyed the event, which included a wonderful potluck dinner.

On March 2nd., we had our annual March Merriment Pie Night. We welcomed guests from the south Cariboo and our new dancers participated. Caller **Nick Turner** and cuer **Mary Anne Turner** were in fine form and got us all well prepared for the 'goodie' portion of the



evening, where we stuffed ourselves on a selection of delicious pies, all baked by our club members. We devoured half the pies....then the auction to sell the other half began. You had to be very careful... any movement at all would be accepted as a bid by our wily auctioneer Nick. I was particularly interested in a certain item, but someone kept bidding it up and up and up. I found out later it was **Mike Gibbons**. He apparently had an itchy ear...and low and behold, each time he scratched it, the bid price went up!

All this, of course, was for a great cause. As a result of the auction and some generous personal donations, we were able to donate over \$750.00 to the Child Development Center. These folks do marvelous work in our community and we are very pleased to have access to their auditorium for our regular club dances and several special events during the year. I'm sure you're anxious to know who bought the item described above. Well, money-man Mike did! He outbid me by one dollar. Hope he enjoyed his \$51.00 pie.

We send our best wishes to **Marlene** who took a rather serious tumble this winter. We hope she will be back before long.

The Whirlaways recently had the pleasure of dancing at Deni House. This is a facility for those in need of long-term care. The audience seemed to really enjoy the action. They were most attentive and showed their appreciation with generous applause and in many cases by singing along with the music. You can bet we'll visit Deni House again.

Just thinking about our upcoming jamboree seemed to soften the blows of a rather miserable winter. You see, this year our theme is Polynesian Paradise and will be held at the Glendale School, May 24, 25 and 26. As usual, there will be plenty of free dryland camping. However, do not arrive on the Friday until after 4:00 p.m. as school will be in operation.

Our weekend package price is only \$35.00 per person. This includes all the events....Mainstream dancing and Rounds Friday evening with Nick, Mary Anne and guest callers and cuers... a Round Dance Social on Saturday morning at 10:00 A.M.. Featured caller **Dustin McGifford** will open his Tiki Bar on Saturday afternoon, with tropical treats and dancing fun. The super supper will be held at 6 p.m...with the "Beyond the Reef Ball" starting with pre-rounds with **Mary Anne Turner** at 7:30. At 8 o'clock, **Dustin** takes over with Mainstream dancing. On Sunday morning, there will be a continental breakfast starting at 8:30 a.m. and casual dancing.

During the Jamboree, there will be some surprise fun entertainment. If you would like more info, please call **Marie** at 250-392-5360 or **Nick** at 250-392-2432. We can pretty much promise the sun. You'll have to bring your own surf and sand.

We want to congratulate **Mary Anne** for her great work in getting the dancing message to the public. In the past few months she has had several stories and pictures printed in the local newspapers or posted on the on-line news websites. Good going and great awareness for our club!

Congratulations also to our new dancers. They are dancing up a storm now and we sure enjoy having them with us. Thanks to the Whirlaway members who turned out during the season to help on new dancer nights.

Silly stories seem to float about at St. Patrick's events. Do you know how to get an Irishman onto the roof? Simple... just tell him that the drinks are on the house. Aloha—and see you at the Jamboree.

Lac La Hache and South Cariboo News by Laverne McLean





Bean Bag Baseball



Birthday Fun with Bev Abbs and Art Schoenknecht

..... and Bill Rose adds......

I received a phone call that The South Cariboo Square Dancers had been nominated for a Business Award. After a follow-up phone call it was discovered that we had been nominated for an award under Tourism/Recreation. This was the 19th Annual Business Excellence Awards by the South Cariboo Chamber of Commerce, held on Saturday evening, March 9th, 2013 at the 100 Mile Community Hall. The contact asked if we could put on a demonstration for the attendees to show them what we actually did. We arrived with our caller and a square and did two tips for them and a Two Step Round Dance. During the dancing the audience urged us on with some boisterous clapping. When we were finished the crowd got on their feet for a standing ovation. Unfortunately we did not win the award this year but it was certainly exciting to even receive a nomination. Maybe next year.

Sunday, March 3, on a rather stormy winter morning, Lac La Hache Caribooters and 100 Mile Twirlers travelled out to Sulfurous Lake to the home of **Vic And Irene Greene**, to attend their annual "My Tie" Square Dancing and "Bean Bag Baseball" event.

Fran & Roy Svisdahl from the Williams Lake Stampede Whirlaways also came out to join us in the fun.

After a delicious Pot Luck lunch boosted by Irene's famous Western Baked Beans and a Bar-B-Que'd kokanee, everyone was ushered down to the lake to get ready to dance.

The dancers donned snowshoes and "Squared up" and caller, **Dave Abbs** and cuer, **Helen Hall**, called several dances.

After dancing, teams were chosen to play Bean Bag Baseball. It was quite challenging this year as it was windy and snowing for part of the time. In spite of the weather everyone had a great time.

Thanks to Vic & Irene for so generously opening their home for a very enjoyable day.

We are enjoying extra square and round dancing, "Plus and/or Mainstream" at the OAPO in Lac la Hache on Thursdays from 1:30 p.m. to 4:00 p.m. for the balance of March and the month of April, providing we have at least ten dancers, and that Dave & Helen are available. It would be advisable to check before attending. (Bill Rose 250-396-7165 or Fran Campbell 250-396-4072)

Our Regular Monday afternoon mainstream dances at the Lac La Hache OAPO continues as usual.

In March, we celebrated **Bev Abbs'** birthday plus 2 more of our members **Jim Milliken** age 92 and one of our founding members of the Lac La Hache Caribooters, **Art Schoenknecht** aged 93.

57th and FINAL South Cariboo **Square Dance Jamboree** by Bill Rose

This will be our 57th (and Final) Annual South Cariboo Square Dance Jamboree.

It will be held on June 14th, 15th, 16th, 2013 at the 108 Community Centre, 4924 Telqua Drive, 108 Mile Ranch, B.C. (See poster in this edition)

Please make sure that you let us know if you are coming for the Saturday evening Catered Dinner at 5:30 p.m. The dinner is being catered by BJ's Donuts and Eatery of 100 Mile House again this year.

Reservations can be made by e-mail to Bill Rose at **bilmar2@hotmail.com** or to Kai Rasmussen at kaiandirene@gmail.com

Reservations need to be received by June 1st , 2013.

We have been receiving a lot of reservations since early February which would indicate that we are going to have a very good turnout to help us celebrate our "Final Farewell." We are still expecting to receive a number of reservations from Region 5 Dancers. I have been busy going through lists from previous years to make sure others do not miss the opportunity for a good time.

Don't forget that if you have an RV we are again offering "FREE" dry camping at the 108 Community Centre parking lot. For those who need accommodation we have made special arrangements with two local hotels near the venue. Just tell them that you are Square Dancers when you book. See the poster for rates, addresses and phone numbers to arrange your bookings.

We look forward to seeing you on the Dance Floor!

57th (and Final) Annual **South Cariboo Square Dance Jamboree** June 14, 15, 16, 2013

Lac La Hache Caribooters - 100 Mile Twirlers

Friday, June 14, 2013

108 Community Centre 4924 Telqua Drive, 108 Mile Ranch

Sunday June 16, 2013

Get Acquainted Dance

Evening MC- Dave Abbs **Guest Callers and Cuers** Pre Rounds at - 7:30 p.m. Square Dancing - 8:00 p.m. \$7.00 each

> Saturday, June 15, 2013

10:00 a.m. - 11:30 a.m. Fun with Easy Contra Callers: Nick & Mary Anne Turner No Charge - give it a try!

2:00 p.m. - 4:00 p.m. Square Dance Workshop With Murray Few - \$7.00 each

Dinner- \$25.00 each (Advance reservations needed)

7:30 p.m. Pre - Rounds 8:00 p.m. Evening Dance \$10.00 each

Caller: Murray Few Edmonton, Alberta

Cuer: **Helen Hall** Lac La Hache, B.C.



Spectators Welcome

Pancake Breakfast From 8:30-10:30 a.m. \$6.00 each

Dancing during breakfast and continuing until Noon. Guest Callers/Cuers are welcome

Weekend Packages

#1. Includes all dancing. breakfast, and the dinner \$50.00 each

#2. Includes all dancing and the breakfast \$25.00 each

No pre-registrations are required for the dance portion of the weekend......

But

Advance Reservations for the dinner are required by June 1, 2013

Mainstream - Come out for a fun - packed weekend.

(Note: This will be our final Jamboree. Please come and support us to make it a memorable farewell.)

Contacts For Reservations, Accommodation Information or Other Inquiries

Bill Bose - 250-396-7165 E-mail: bilmar2@hotmail.com Kai Rasmussen - 250-791- 5503 E-mail: kaiandirene@gmail.com

ACCOMMODATIONS	(Announce that you are square dancers to receive the special rates shown below)	
108 Resort Golf & Outdoor Adventures 4816 Telqua Drive, PO Box 2 108 Mile Ranch, B.C. V0K2Z0 Toll Free: 1-800-667-5233 E-Mail: 108golfresort.com	Standard Room Rate (2 people) \$79.99/night + Taxes (includes free continental breakfast)	
The Hills Health Ranch 4871 Highway #97 North, PO Box 26 108 Mile Ranch, B.C. V0K2Z0 Toll Free: 1-800-668-2233 E-Mail: thehills@spabc.com	Standard Room Rate (2 people) \$99.00/night + Taxes Chalet (Max 6 people) Full kitchen, 3 bedrooms, 1 bathroom \$169.00/night +Taxes Includes use of: Indoor pool, Sauna, Jacuzzi	
Dry Camping Available at the 108 Community Center Parking Lot	No Charge	

J.W.Western & Dance Apparel will have his trailer available at the Jamboree this year. Toll Free: 1-866-599-3781 E-Mail: bhaywmich@telus.net or jwwestern@telus.net



SEE YOU ON THE DANCE FLOOR



Prince George Northern Twisters by Julie Skead

(New venue: Knox United Church on Brunswick St.)

We have 5 or 6 squares of Beginners, Mainstream and Plus square dancers and both beginners and experienced round dancers who continue to enjoy aerobic exercise, challenge, laughter, and friendship each Monday. Thank you doesn't seem enough re our caller **Gys Koops**, with **Don Hollis, Maurice Mingay, Dolores Young** and **Dillon Dawson** taking turns, and for our Round Dance cuer, **Don Hollis**, with **Dolores Young** practising her style now and then.

Lynn and **Gys Koops** welcome Beginning Dancers along with a few experienced ones for support to their home on Sundays for bonus coaching from January to April. At the end of April the club puts on a lovely Graduation Ceremony to celebrate their 'stick-to-it-iveness' and progress.

Many of our dancers also dance Fridays or Saturdays to live country rock and/or live old-time fiddle music. Some take/coach line dancing, are in bowling leagues, curling, and choirs, play crib, whist at seniors' centers, play bridge, volunteer at historic sites... a pretty active bunch and all activities provide opportunities to recruit new square/round dancers.

A decorating crew, inspired by **Susan Hunter**, is thinking about plans for the Spring Jamboree in May.

We'd like to announce news of our wee mascot, Mr. P.G. (who is unfortunately having adventures without his partner, Ms. P.G., who cannot be located.) Two years ago, **Reta** and **Don** took him dancing in Saskatoon. A couple from the United States took him on to dancing in Ontario and then south to Virginia, where he is with a second USA club, the Virginia Reelers.

President **Glenda Matthews** and her 'crew' called a meeting of the whole club on one of our regular Monday evening dancing sessions. Due to increased revenue required, it was discussed and agreed to use the Knox United Church on 5th and Brunswick every week instead of St. Michael's Anglican Church. Now membership fees won't go up quite so much in the Fall.

Demonstration Dancing

A square of dancers entertained the seniors at Liard/ Rainbow Care Home. They also entertained for the Golden Age Tea at the Civic Centre in March. There's always at least one who was once an avid dancer and many spirits were raised by the music, the colorful outfits, the movement and the smiles.

Valentine's Day Dance

Red, white, pink, lacy....wow! And, **Myrtle** and **Eugene Nesbit** were presented with 25 year service pins. Club President, **Glenda Matthews** brought a delicious layer cake for us to share in their honor. We enjoyed guest caller **Sandi Jesperson** from Vanderhoof that evening.

50's and 60's Night

It was great to see **Bernie** and **Jean Smith** (Mile 0 Club, Dawson Creek) here for dancing and Bernie guest calling. **Don Hollis** was away, so **Gys** took a turn at Round Dance calling. **Eugene Nesbit** stepped in to fill up the last square. Because so many are taking winter holidays, there were only 3 squares, but we did it again...shared memories and warmed hearts by dressing for the eras and snacking on treats that have survived the years... ice cream floats, thanks to Reta, (last year a pail of ice cream, put outside the fire exit door in the snow as there wasn't room in the freezer, got 'scooped' and Reta had to go buy more) Licorice Allsorts, Caramels, Peppermint Patties, '3 for a penny' candies...those were the days!

Goofers' Night

Time to step up to the mike, cue the 45's and get a taste of calling or cueing. We encourage those brave souls! (It can't be easy to keep with the music, choose a good speed, and operate on the level of those who are able to spot dancers out of place in their squares and devise a plan on the spot to 'fix' the problem!) New callers meet every 2nd Sunday and choose records, practise and gain confidence.

Graduation

April....already upon us and we celebrate the skills mastered by our new dancers with a snazzy ceremony and cake. I remember labeling myself as a Beginner for another year, because of my low confidence and dance mistakes....sure welcomed the moral support of our club!

By the way - what a project the Williams Lake Stampede Whirlaways took on for 'squaroling' over Christmas! I'm sure everyone envisions you taking along the covered wagon into stores and motivating the staff and patrons with music and square dancing!

New dancers **Clark** and **Joan** ventured to Arizona....with input from Gys saying they could square dance every night!

Continued on page 6

PG - continued from page 5

Dillon traveled to Vanderhoof to join their Valentine's evening; our caller **Gys Koops** joined the club's callers. Also, 'Yay, Dillon!' for stepping up to get involved with a Suicide Prevention group. Dillon is 17.

Dianne W. took a break from weekly dancing and the last part of winter by going on a holiday to Mexico with two friends. She reports that even though everyone was coated in sand and dust, renting a dune buggy (open style) was a great experience.

As members of a seniors' choir, Forever Young, **Maurice, Gervin**, and **Ray** are performing railroad songs at care homes and other venues.

I read in the newspaper of the involvement with Big Brothers and Sisters, Prince George, of **Tim** and **Carli Bennett.** Kudos for supporting this important and productive mentoring. For the Bowl For Kids events Huble Homestead Ninjas are one team entered. **Carli**, I spotted you behind that ninja mask! Carli is one of 4 of our dancers who volunteers regularly at Huble, a heritage site North of Prince George. **Peggy-Jo** and **John**, **Dillon** and family, and the family of Youth Dancer **Kirah**, have been pretty busy back and forth to Children's Hospital in Vancouver but are on top of Kirah's health issues. We feel for them and wish them the best.

Ray and Julie took in the ocean air and wide open beaches of Palm Beach Florida over Spring Break - spacious mostly because Canadians think average temperatures of 68-74 degrees Fahrenheit are fine - too cool for the locals to grab some rays! River boat rides to see alligators and turtles, Ocean Discovery Centre, Manatee Observation Centre, local markets, kayaking, lots of walking... they did whatever 'soothed the soul'.

Ben and **Carol** headed for Cuba in March. Wondered if Ray and Julie could send some kind of signal across the water to them from Florida!

Dennis and **Penny** were off to England in February, a birthday celebration for Penny and her twin brother!

Gervin and **Cathy** spent 3 weeks in Fiji and Australia - did some snorkeling - then off to Cuba for 2 months. Is this the start of whole winter getaways?

Thoughts go out to **Muriel**, who is double checking her meds re a side effect that kept her from a planned Hawaii trip with her sisters.

We were pleasantly surprised when **Emery** returned to dancing so quickly after surgery re battery replacement for his pace maker! He's good to go! Suggested Energizer so, like the bunny it would last longer next time. (Emery answered that comment with something to do with a Playboy bunny!)

We send ongoing condolences out to **Len** and **Bonnie**. Bonnie's older but still young sister passed away very suddenly.

Our hearts are with **Gloria Moffat** who recently lost her husband, **Ted**. The family's history with The Northern Hardware And Furniture, and quiet dedication to support and community service were mentioned in the news article on Ted's life.

Plus and 'A' Dancing by Glenda Matthews

Dancing is whenever we can, as so many have traveling in their blood these days.

Mary Hunter and her family ventured off to Puerto Vallarta, Mexico in February. Pat Sexsmith and Carrie Van De Vosse also traveled to Puerto Vallarta. They sure enjoyed the heat and the sand! Gervin and Catherine Halladay are expected home soon from their Australian adventure. We'll also welcome back Pat and Lorne Paulson from Arizona. (Lorne had his eyes 'done' and apparently is doing well.)

May 3-5 Spring Jamboree, caller **Garry Dodds** and cuer **Pat Zeeman,** from Victoria - Friday evening 7:30 -10:00

Saturday workshop 1:30, supper 6:00 p.m. Rounds 7:30, Mainstream 8:00 -10:00

Sunday breakfast 9:00 a.m., Mainstream to follow

Contact Info:

Gys Koops 250-563-4828 **Reta Gagnon** 250-962-2740

Anyone traveling in the Prince George area please plan to join us in dance, Mondays, 7:00 P.M.,

NEW VENUE: Knox United Church, 5th and Brunswick.



Vanderhoof Drifting Squares by Sandi Jesperson

We're back on track!!! After much arranging, rearranging and scheduling, The Drifting Squares are once again dancing EVERY week from now until last dance in May. YAHOO!!!! The dancers are supportive of the return to our old schedule (it's been almost 4 years) and **Gys Koops** is calling at least twice a month. **Sandi and Dolores** are calling a few squares and rounds each week and **Jerita** is helping out with rounds. We are one happy club!!! We have about 10 to 18 dancers each week and we are alive and well!!

Our Christmas dance went well enough.... the weather was not great so Prince George dancers did not attend. We had pot luck, danced the night away and took off a few calories. In February we had 2 full squares and the pink, red and white skirts were just a twirling!!

Bob and Sandi went south during March and joined up with the Rhythm Reelers in Chilliwack. (They are celebrating their 58th year at "Rally in the Valley" in May). This is Sandi's home club that she started dancing with when she was 11!!! Good to be back!

The Rhythm Reelers had a very successful new dancers' drive this year. They gave seasoned dancers a "dancing card" (size of a business card) with all the dance info and encouraged them to hand them out. That was in the fall. The new dancers' group started in Jan. THEY HAD 35 NEW DANCERS!!!! We danced with the beginners when in Chilliwack and there were 3 squares of new dancers that evening and a sprinkling of Mainstream and Plus dancers there as well. A total of 5 squares!!! (We can only dream). The new dancers were about half way through to Mainstream. Callers Dan Annis and Mike **Rohde** were very gracious. They usually rotate their tips with Plus, Mainstream and Beginners (some rounds too, but the cuer was ill). For the night we were there, they stayed with just Beginners and Mainstream and "flip flopped" all evening. A wonderful time!!! We gathered in the large basement for refreshments and chatted with other dancers. Super!!

Our club has welcomed back **Robert Anderson** and his partner **Missy.** Robert was dancing with us about 3 or so years ago but his business kept him from traveling from Houston to dance with us. He wants to be a regular once again and we are glad to have him back. At the moment we dance one square and at least 3 extra. In March we had **Peggy Jo** and **John Zettl**, their grand daughter and **Dillon Dawson** come and dance with us. The weather on the highways was not the best, so we thank them for coming out. But even so, we had 15 dancers. SO...... out

came the broom and **Rick Beatty** very ably used "her" for a partner. Such a good sport.

Remember our dances are usually going by 7:00. **Gys Koops, Sandi Jesperson** are calling/contra and **Dolores Young** is cuer/caller and **Jerita Holmquist** is assisting with round dancing. We dance until 9:30 with refreshments. \$5/night/person.

Our special dances will be March 28th.... Riverside Place (for the seniors)
April 11... 10th Anniversary Pot Luck (5:30) and Dance (6:30) Rounds, Mainstream Squares and Contra May 9......Last Dance Pot Luck (5:30) and Dance (6:30) Rounds, Mainstream Squares and Contra Start up Sept 26, 2013 See you there. (And don't forget the Prince George Jamboree May 3, 4, 5., the Williams Lake Polynesian Jamboree May 24, 25, 26 and the South Cariboo Jamboree June 14, 25, 16,

FOR SALE:

Brand new petti pants - never worn.
Red. Brand: Malco Modes.
Size: Large. Short panty style.
Bought 2 in error.
New \$35.00
Asking \$15.00 plus mailing.
Sandi in Vanderhoof 250 - 567 - 2088

Note from the Editors

We offer our congratulations and continued encouragement to the Vanderhoof Drifting Squares. Last season the club lost their caller, Larry Mann. It was a sudden and devastating loss to the club but they have banded together as a team and worked hard to

keep the club dancing and happy.

Gys Koops, from Prince George, kindly often travels to Vanderhoof to call for the club and **Sandi Jesperson**, **Dolores Young** and **Jerita Holmquist** have stepped up to take on calling or leadership roles.

Added to that is the continued support from the dancers.

Well done everyone! We hope your determination and hard work continues to bring you success.

Mile Zero Grand Squares - Dawson Creek by Jean and Bernie Smith

We had a good year with several new dancers joining the club. On a good evening, if everyone shows up, we dance four squares. Our Christmas potluck turned out great. As usual there was lots of good food and dessert. **Bernie** kept everyone dancing with rounds, squares, contras, mixers and spot dances.

Hearing Assist Units and Accessories
Dave Plume
Authorized Dealer
604-941-7009
dplume@telus.net

Our last dance for the season was March 25th. Unfortunately I was not there to help organize the potluck supper but it was left in the capable hands of all our lady dancers. I'm writing this on the 25th so will not know the end results of the wind-up dance until later.

The new dance season starts again in October and hopefully all our current dancers will return in the fall. Wishing everyone a good summer of dancing, attending camp-outs and jamborees. We hope to see you on the dance floor somewhere.

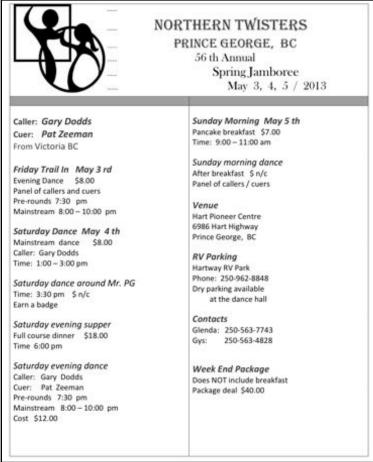
Note from the Editors

We hadn't heard from Dawson Creek in a long time and so we were interested to receive the following letter from Jean. Our best wishes go to Jean and Bernie for a less stressful future and for continued dancing.

Just a note to let you know why there has been no news from me for a while. I was diagnosed with breast cancer in the beginning of December, had surgery on Dec. 21st. The cancer was contained in one lump and there was no trace of cancer in the lymph nodes. I fortunately did not need chemo treatments. All I required was 20 radiation treatments as a precaution. I'm feeling very good and have no side effects from any of the treatments.

I'm currently staying in the Kordyban Lodge in Prince George and started my treatments on March 11th. I will be going home for four days during the Easter break, and then I will have to go back again on the 2nd of April for 7 more treatments.

The lodge was just open on March 4th and I was the 5th person to register for a room. The lodge is very modern and comfortable with large windows in all areas making the rooms bright and cheery, and located only a 2 minute walk on a covered sidewalk to the treatment center. The two level lodge is equipped with everything you need and more: sitting room with lots of comfy chairs and couches and a grand piano, game room with a pool table and small tables and chairs & a fridge & microwave for patients use, two laundry rooms with free washer dryer and laundry soap plus iron & ironing boards, treadmill & stationary bike, walk-in spa tub, two computers on the upper & lower level, worship room, massage room, library with comfy couches, large TV room with comfy leather couch and chairs, family room with a toy box



fridge & microwave, hair salon with wigs and prosthetics, two smaller TV rooms, cafeteria with a chef serving three meals a day as well as a cooler with fresh fruit, drinks and goodies for the patients to use day or night.

I might not want to go home and leave behind the maids, chefs, nurses and many volunteers that make my stay very pleasant.

Jean Smith



Williams Lake Polynesian Paradise Mainstream Jamboree

May 24-26, 2013 Glendale School 4100 N. Mackenzie Ave.

Lei'd Back Weekend Package \$35.00 each



Free dry camping but as the school is operating, please do not arrive until after 4:00 PM

No smoking is allowed anywhere on School District property

Clean, softsoled indoor shoes requested for all events.



For Info Marie 250-392-5360

Nick 250-392-2432 Friday - Break out your colourful shirts and grass skirts

Join Nick & Mary Anne Turner

for the **Hula Hop** \$6.00 each

Guest Callers and Cuers welcome 7:30 PM Pre-Rounds 8:00 PM

Dustin's



Saturday Morning 10:00 - 11:30 AM

Enjoy a Round Dance Social with Wary Anne and

with Mary Anne and Nick Turner Phase II+

\$6.00 each

\$6.00 each

Dancing Fun

Tropical Treats
1:30 P.M.

Saturday Evening 6:00 PM

Supper at the

Stampede Whirlaways Outrigger Cafe

\$12.00 each

Saturday Night - Beyond the Reef Ball



and Cuers welcome



8:00 PM Mainstream Dancing with Featured Caller:

Dustin McGifford

\$6.00 each

Sunday - Enjoy a Continental breakfast and casual dancing before departing - \$6.00 each

8:30 AM - 10:00 AM - Breakfast is Served 9:00 AM - 11:00 AM - Mainstream Dancing

A Quiz

Here are some clues. Can you guess which Mainstream calls they refer to? (Answers on page 12)

- 1. Irish symbol
- 2. Store that Bug
- 3. Return quickly
- 4. Kill the lead actor
- 5. Amusement Park ride
- 6. No-no in a stick shift car
- 7. Arnold and Maria did this
- 8. Ambidextrous pianist plays one
- 9. Vancouver pedestrian in a cross
- 10. Needs WD-40 if it squeaks
- 11. Female deer looked at another
- 12. Get money off the floor

Thanks to Tam Twirlers Square Dance Club in California for this quiz.

Travels with Kai and Irene Rasmussen (Lac La Hache Dancers)

We said goodbye to our fellow Caribooter Square Dancers at the New Years Eve dance in Lac La Hache before leaving for our 6 week trip over to England to celebrate Irene's Mom's 90th Birthday on Jan 23rd. It was a very successful birthday party / family reunion with many relatives that we had not seen in many years.

We enjoyed many family outings in the weeks that followed even though it was winter time.

On Feb 10th, Kai flew from Newcastle to Denmark to visit with his three sisters and their husbands and families and had a very good time also. He stayed with family for 10 days and enjoyed having some of his favourite Danish foods.

January / February is definitely not the best time to be in England and Europe but birthdays fall when they fall!

We were definitely glad to be back home to Canada, however, and back to our square dancing again.



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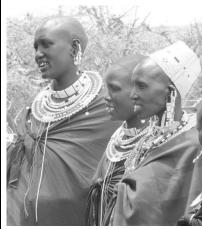
Information and a registration form can be found at

www.bcfestival2013



FOLLOW THE TIDE TO OCEANSIDE

Tanzanian Safari by Bev Abbs (S. Cariboo)



On Jan. 19, 2013 I flew from Vancouver London, England where I met my daughter, Karen, who now lives near Oxford with her husband. On Jan. 24 Karen & I left a cold, snowy England and began journey to Kilimaniaro airport Tanzania where we were met by one of our tour from ChrisCat leaders Safaris. Our first night was spent at the Kilimanjaro Mountain Resort and we

joined a group of 20 people mostly from the Vancouver area.

After a visit to the Chagga people, a local tribe who live in the area, we began our safari. Safari in Swahili translates into Long Journey, and a true journey we were about to start! The group travelled in 4 land rovers with roofs that could be removed for seeing the game better. After leaving the Chagga tribe, we made a brief stop in Arusha to try out our bargaining skills at a local market. Negotiating for the best price is not for the faint of heart, but we managed to pick up a few souvenirs at what was hopefully a fair price!

Leaving a hot and dusty Arusha, we travelled on to Lake Manyara Wildlfe Lodge on the edge of the Rift Valley escarpment. The view from the Lodge was stunning, looking out over the National Park where we saw many baboons, elephants, giraffes, hippos and the elusive tree climbing lions. We also learned our first lessons in animal safety after baboons tried to break into our neighbour's room and steal any goodies they could find.

After Lake Manyara, it was then time to head off into the legendary Serengeti with imaginings of dusty roads, wide expanses of plains filled with animals, and of course lions. We were not disappointed. The Serengeti is one of the most stunning parks in the world and consists of 12,000 sq. miles of endless plains. We spent 2 full days in the Serengeti and were fortunate to see a rare sight of a pride of 16 lions sitting in a dead baobab tree. We saw the Big 5 (lion, leopard, African buffalo, elephant & rhino) as well as hippos, gazelles, giraffes, cheetahs, zebras and many birds. We were also lucky to drive through herds of migrating wildebeest and zebras as they made their great trek from the south Serengeti north to the Massai Mara in Kenya and back south following the rains.

Our next stop was the Ngorongoro Conservation area and the Olduvai Gorge where we learned about Leakey and his discoveries of ancient man through 3 million year old footprints that have been preserved. We spent the night at a lodge on the rim of the Ngorongoro Crater and the next morning descended 2000 ft. into the crater, a UNESCO World Heritage Site, for a full day of game viewing. We saw the rare

black rhino and thousands of flamingoes as well as a baby wildebeest being born. Baby wildebeest are the fastest mammal to be able to stand and run after birth, and they are up and running in 3 minutes to keep up with the herd, and avoid predators.

One of the most rewarding parts of our safari was visiting local tribes and school children. The education system in Tanzania faces a severe lack of funding and many schools don't have enough supplies or text books to be able to teach. The safari group was able to raise money to present several schools with text books, soccer balls and stationery which will greatly assist the children in their learning. The children were delighted with the books, and even more excited about the soccer balls! We also visited several local villages where we were able to see traditional life of the Massai and the Hadzabe peoples. Many tribes in Tanzania are using tourism to preserve their traditional ways of life and it was a privilege to be able to dance, hunt and spend some time with them. The children were thrilled in being able to see photos of themselves, and the villagers were eager to engage in a little conversation, and of course bargaining over their wares!

A journey to Tanzania is never complete without seeing exotic Zanzibar, a predominantly Muslim island just off the coast of Dar Es Salaam, and this was the next stop on our trip. The heat, the smell of spices, the sway of the palm trees, the luscious fruits, the sounds of the Indian Ocean, and the call to prayer weave their magic when you land in Zanzibar. In Stone Town, we explored the narrow streets, shopped, and viewed the famous coloured doors which are covered in metal studs to keep the elephants away. After visiting a spice farm and learning about how spices are used both for seasoning food and traditional healing, it was off to our resort at Nungwi Beach on the northern tip of the island. Here we relaxed and swam in the Indian Ocean and in the evening took a sunset cruise on a dhow. It was the perfect end to a wonderful trip.

group travelled with was wonderful, everyone got along so well together. We are going to keep in touch, and reunion is planned for the near future. We had an amazing 16 days in Tanzania filled with cultural experiences, and astounding animal



sightings. It was a true safari, a journey that will stay in my heart and memory for many years to come. I returned to Canada on Feb. 12 and it was good to be home. Now we will re-live the memories with all the pictures we took and we will remember the beauty of Tanzania.

Editor's Note: Bev's article with coloured photos are on the R5CCDA website at www.r5ccda.squaredance.bc.ca

Do Your Posters Pass or Fail? - Marketing Advice

Bernie Coulthurst is the editor of Wisconsin's Square Dance Magazine and the author of a publication about marketing square dancing. Bernie believes that marketing is the answer to getting more new dancers but that selling the benefits of square dancing is the weakest link in the marketing plan of most clubs. In an article printed in the American Square Dance Magazine, Bernie stated that we should not spend our marketing opportunities talking about lessons, classes, square dance attire, Mainstream or Plus. None of these topics refer to the benefits of square dancing. In fact, he advises that if your poster headlines are like the samples below, you need to think again. He rates these headlines as marketing failures.

SQUARE DANCE LESSONS STARTING SOON or

LEARN TO SQUARE DANCE

or

SQUARE DANCE CLASSES ARE STARTING SOON

These headlines are judged as failures because they are not positive. They use negative words like *lessons* and *classes*. The people you are generally trying to attract have had enough classes and lessons in their younger years so you turn a lot of people off when you use those words in your advertising. Why not just call them New Dancer Evenings or Sessions instead of lessons?

With regard to posters or flyers, his marketing advice is that you should analyze your posters using the following categories.

ATTENTION: Use headlines that are attention grabbers. Headlines should be short. An example of a poster headline that Bernie prefers is:

Free! Bored? Looking for Fun? Once you get their attention you can then get into more detail about the benefits of square dancing, namely FUN, FRIENDSHIP and FITNESS set to music!

INTEREST: Your poster must generate interest so the prospect will want to continue reading your information.

DESIRE: Your poster need to generate a desire to learn more about the benefits of your product

ACTION: It must motivate your reader to take action

As we plan our advertising for next dance season, perhaps we can incorporate some of Bernie's advice and create more effective flyers and posters.

TIPS FOR NEW DANCERS

Here are a few tips for new dancers (and reminders for the experienced) that will help keep a square from breaking down.

Take hands quickly with the person beside you after each call. This enables you and others to see the formation (lines, waves, boxes etc.) you have established. Take hands fast and keep your elbows bent this way the square does not become too large to work smoothly.

Keep your head raised. This lets you see what is going on around you in your square.

Never look behind you. This will hold you back and slow momentum.

Keep your square aligned with the 4 walls. This keeps your formations oriented, especially after a call like "*Promenade*, heads wheel around."

Keep your promenades tight. Men keep your left shoulders almost touching as you promenade. This will enable you to get home in time for the next call.

Always promenade the full distance in a singing call. This is often 16 beats of music or 16 steps so if you stop at home just because you are close, people behind you will bump into you and confusion reigns.

A hand signal will help someone who is lost better than a shove or yank or spoken order. Point or beckon to the spot they should be in.

Remember "Square Breathing." Couples should move apart to allow dancers to pass between them and then move together; or move into the center and back to allow couples to promenade around them.

And some other reminders:

Smile a lot. Laugh a lot. Whoop and holler if this does not drown out a call.

Applaud your caller (and cuer) with enthusiasm at the end of a tip. Tell them you enjoyed a particular piece of music or dance pattern.

Never be afraid to ask for clarification or a demonstration of a call that you are not confident dancing.

REGION 5 DANCE SCHEDULE 2013

(We have tried to be accurate but suggest phoning to confirm the event before travelling.)

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WHEN	WHERE	Event	Callers/ Cuers
Apr. 11, 2013	Vanderhoof	10th Anniversary Potluck and Dance	Gys Koops, Sandi Jesperson
Apr. 13, 2013	100 Mile House	57th Anniversary Party	Dave Abbs & Helen Hall
Apr. 22, 2013	Lac La Hache	Thank God It's Spring Dance	Dave Abbs & Helen Hall
May 3-5, 2013	Prince George	Spring Jamboree	Garry Dodds & Pat Zeeman
May 9, 2013	Vanderhoof	Year End Potluck and Dance	Gys Koops, Sandi Jesperson
May 24-26, 2013	Williams Lake	55th Spring Jamboree - Polynesian Paradise Theme	Dustin McGifford & Mary Anne Turner
June 14-16, 2013	108 Mile Ranch	FINAL South Cariboo Jamboree	Murray Few & Helen Hall
July 11-13, 2013	Parksville	Plus & Advanced Mini Festival	Jerry Junck & Stuart Hemmings
August 7 - 10, 2013	Penticton	Peachfest Square Dance Festival & BCS&RDF AGM	Many callers and cuers

Answers for Quiz on page 9

1.	Irish symbol	Cloverleaf
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- 2. Store that Bug.....Box the Gnat
- 3. Return quickly.....Scoot Back
- 4. Kill the lead actor.....Shoot the Star
- 5. Amusement Park ride.....Ferris Wheel
- 6. No-no in a stick shift car...... Slip the Clutch
- 7. Arnold and Maria did this.....Separate
- 8. Ambidextrous pianist plays one......Right and Left Grand
- 9. Vancouver pedestrian in a cross walk.......Walk and Dodge
- 10 Needs WD-40 if it squeaks......Hinge
- 11 Female deer looked at another......Do Si Do (groan!)
- 12 Get money off the floor......Sweep a guarter

Thanks to Tam Twirlers Square Dance Club in California for this quiz.

Thanks to our Unsung Heroes

- * our callers and cuers for their time and dedication
- * our members who serve on executives (local and regional)
- * our members who write for the Cariboo Connection
- * those members who support the club by turning up for dances, while parades, demos and to help the new dancers
- * those members who work on the refreshment/kitchen committee
- * those who help with the setup and cleanup for a dance event

It's true that many hands make light work and square dancers throughout our region generally make a great team. Next season, try to be a part of this team. It'll make you feel good and your help will be most appreciated.

For information on dancing around the province, remember to use the website provided by the BC Square and Round Dance Federation

www.squaredance.bc.ca or call the InfoLine at 1-800-335-9433

For more copies of the Cariboo Connection, or to read it online, go to the R5CCDA website at www.r5ccda.squaredance.bc.ca

To contact the editors, email us at nmturner@telus.net

If you need new square dance clothes or wish to order special badges, be sure to check out the website at www.rainbowsquaredanceapparel.ca