### 2 0 1 9 W I N T E R E D I T I O N



# The CARIBOO CONNECTION

**ISSUE # 59** 

EDITORS: MARY ANNE & NICK TURNER

# Attention - All Club Presidents! A Response is Requested

Region 5 is entitled to send 4 delegates to the BC Federation Board of Directors' Meeting each year. They will vote on issues that arise and represent our interests. The meeting this year will be in Victoria on Saturday, March 30th

Happily we have 4 members who have volunteered to represent our region for another year. Our 4 volunteer delegates are

Bill and Jan Cave (Kersely),

### billcave@goldcity.net

Dana Ball (Williams Lake), <u>dball@telus.net</u> and Karen Piffko (Williams Lake).

Prior to the meeting they are required to send a report from our region to the BCS&RDF secretary. Please assist them with this report by sending them an email with information about your club.

### Things like:

- how many members does your club have?
- how many new dancers you have this year and how are they doing?
- does your club have any Milestone events coming up this year that you are going to be celebrating? any caller or cuer news?
- anything you want the rest of the province to know about your club?

Also, do you have any questions or concerns that you want our delegates to relay to the Federation? If so, let them know. If you have anything you wish brought up at this meeting please let your Delegates know ASAP, so that they can ask for it to be put on the meeting Agenda.

The club reports are due in soon so please don't delay. Our delegates should receive an email from each club. Send them to Dana at <u>dball@telus.net</u> Put "Report for BOD" in the subject line of your email.

### **Good News for Round Dancers**

Did you know that there is a wonderful new resource that can be used by those learning Cued Ballroom Dancing (CBD), or as we know it, Round Dancing?

It is called the CBD Learning Library and consists of 2 parts.

At <a href="http://www.cbdlearninglibrary.com">http://www.cbdlearninglibrary.com</a> people can learn what round dancing is and see a demonstration.

On the YouTube channel called Dance Demos <a href="http://www.cbdlearninglibrary.com">http://www.cbdlearninglibrary.com</a> there is a collection of over 50 good quality videos showing Phase 2 or 3 dances in a variety of rhythms and with the steps done correctly and with style.

The CBD Learning Library is the brainchild of Paul and Jean Zimmer, enthusiastic dancers from Roseville, Ca, near Sacramento.

They wanted to produce high quality demos for round dancers to see and hear so they pulled together a team of top-notch demo dancers and cuers, built a list of popular dances, and set to work. Particular attention was paid to sound quality, as many existing publicly available videos are impossible to practice with due to poor audio.

When possible, they used stereo music+cues so that the balance could be adjusted to suit individual needs.

At present the focus of the channel is on phase 3 with some phase 2 waltz but they have plans to add many more dances in the future.

Keep your eye on this resource. Check back often and see what good round dancing looks like at the Phase 2 and 3 level.



## REGION REFLECTIONS

### Williams Lake Stampede Whirlaways by Anne Christie

Our New Dancer lessons concluded in early December. We were happy to have a good turnout of young people this fall, and most of the group has transferred over to the Mainstream Thursday nights. Mary Anne takes the new dancers to a separate room to teach a few new moves each evening, and the new dancers are learning quickly and fitting in easily!

Whirlaways The Club tried something different for our Christmas Party this year. Rather than having a full turkey dinner party on a weekend, we moved the party to our regular Thursday night and had a marvellous array of appetizers and desserts. It was really a fun and successful night, and Nick and Mary Anne always put in lots of effort to provide seasonal songs and special dances and even a duet. Glen Davidson won the goofy Christmas outfit contest for the guys.

Mike and Marie Gibbons enjoyed a second trip to Branson, Missouri with friends in November. They were delighted to take in Danny O'Donnell's Christmas show, Johnny Lee and Mickey Gilley, and even an opera singer.

The Whirlaways Club wishes Nick Turner a good and speedy recovery after his knee surgery on January 17<sup>th</sup>.

**Bill Cave** did a great job filling in for Nick on January 17<sup>th</sup>. After previously only calling a couple of

tips a night, Bill bravely jumped in and called for the whole evening. He even took the time to adapt his calls to our beginner dancers, and to do some review and teaching as well.

We had a good turnout for the evening with 3 squares to start. It is always enjoyable dancing to Bill's unique music such as: Bye Bye American Pie, Rows and Flows of Angel Hair, Fields of Gold, and

even a classical piece for Marie!

Thanks for filling in Bill, I heard lots of positive comments! And we were able to still do our round dances because Mary Anne had very thoughtfully prerecorded her cueing and music for the evening.



### **Editor's Note:**

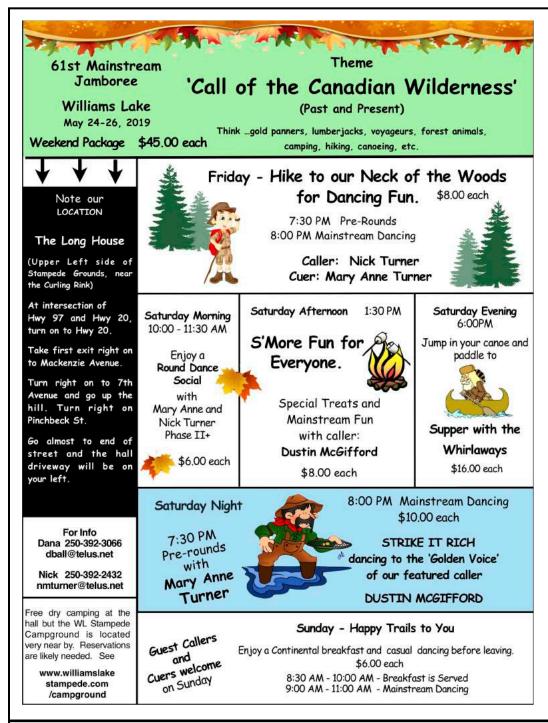
One week following his surgery, Nick shuffled his way into the dance hall on his new, but not yet recovered, knee.

It was good to have him back where he belongs even though he had to call from a sitting position.

Again we were happy to have Bill Cave share the calling load with Nick who is not quite up to full strength yet.

Thank you to the Whirlaways for their continued support during these unusual circumstances.





Come to Williams
Lake for their 61st
Mainstream Jamboree.

The theme this year is "Call of the Canadian Wilderness". I can picture Gold Panners, Fur Traders, Voyageurs, Lumberjacks, Camping, Hiking, Wild Animals, Forests, etc.

We hope you will join us for this fun weekend.

**Great dancing!** 

Great food!

**Special entertainment!** 



#### PROMENADING TIPS

When promenading home the men should "spiral" inward so that their elbows are almost touching. This is a great help to the ladies - especially those who have the shorter legs and are trying to cover more distance.

PROMENADE is a call where everyone is getting used to hearing someone say "Short." The rule is that even if you are only a few steps from home in a singing call, you should promenade **ALL the way around** to match the music.

### Prince George Northern Twisters by Julie Skead

Northern Twisters-'Trinity United Downtown', 5th and Brunswick Prince George ( side parking lot ground level door to basement.)

May I first say to Nick and Mary Anne that we would have loved to have had them dance/ call/ cue that Monday they recently tried so hard to do!

Gys Koops, is our long time caller; Gary Dean, our round dance cuer. Dancers Dolores Young, Jolanda Van Dyk, and Maurice Mingay sometimes get the opportunity to share in calling and /or cueing.

We all realize the dedication of our Executive as well as those taking on other tasks to make everything go smoothly.

Both Beginner and Intermediate Round Dance Two Step classes took place this Fall with **Barb and Gary Dean** at their studio. We've now moved on to Round Dance Waltz classes. Floor time at Monday Square Dancing shows the progress, often 15 couples taking part now.

'Plus' Square Dancing is on Wednesdays, 'A' Square Dancing on Tuesdays, with caller, **Lorne Paulson.** 

Our CHRISTMAS evening with pretty decorations, and dancers decked out for the occasion was topped off with a grand turkey dinner and dance. We had up to 7 squares with Gys our caller, and Jolanda stepping up, and Two Step and Waltz Rounds with our cuer, Gary Dean. (Wow...14 couples; most taught by Gary and Barb.) Thanks go out to everyone organizing, advertising, preparing food, decorating, working tirelessly in the kitchen, and putting things away after.

Jan. 18-19 was a Robbie Burns weekend with **Heather Wallace**, caller/cuer for the Abbotsford club (1st mentor Steve Edlund!). The plaids of the table and wall decorations were accented by

'moving' trimmings, our dancers dressed for the occasion.

Piper, Sheldon Clare piped in the haggis. Retired dancer, Roy Neilson, with full regalia, gave The Address To The Haggis, which was carried by 'Four Score and More' members Maurice Mingay and Myrtle Nesbit.





Part of the Mainstream workshop (Robbie Burns) had couples moving from one square to another and 4 making a new square. We practiced; we learned; we had fun.

Our excellent supper featuring a Scottish traditional menu, was 'catered'. **Kathy**, from Houston came on her own; has been here for other dances.

Other guests included retired dancers and dancers from Vanderhoof, Fort St. James, Quesnel /Kersley, and a Smithers couple whose family/ friends en route from Winnipeg. We were glad to see **Dolores Young's** smiling positive face, back during recovery from hip surgery and like many of us, is already thinking of traveling for summer dance weekends. During the workshop Dolores stepped in to top off a third square, with her cane!

(Continued on page 5)

Demo square dancing- Once again we entertain at Gateway Seniors' Complex / January. **Della**, one of our dancers, works with the underprivileged, so a callout one Monday brought a pickup <sup>3</sup>/<sub>4</sub> full of warm clothing and blankets to donate to her clients

See Page 12 for our Upcoming Special Dances:

Again, all dancers are encouraged to sign up for the 'BC' Square and Round Dance Festival in Salmon Arm, July 2019 and the 21st 'Canadian National 'Square and Round Dance Festival July 29 - August 1, 2020 at the Sheraton Guildford, Surrey, B.C..

As the Deans say, "Let's keep dancing alive."

Besides travels by some, to The Island, The Coast, Alberta, (and Dawson Creek.10 dancers were off to Puerto Vallarta last month, and before that, others to Vegas.

Gervin H., Maurice M.,

Glenda M., (and retired square



dancer **Ray** L.) rehearse weekly with the Forever Young Choir at the 10th Avenue Seniors' Center. Watch for their upbeat and heart warming Spring concert.



Sadly - we didn't receive any news from

Vanderhoof Drifting Squares or Mile Zero Grand Squares (Dawson Creek)

### Bits n' Pieces

#### A Heartfelt Thank You to the PG Northern Twisters.

A year and a half ago I was feeling cranky and off balance. I guess I was working too much, had no time for social activities, and due to sports injuries necessitating surgeries, wasn't chasing that ball on that team, which had always kept me physically active and mentally well balanced.

One day I saw a poster advertising the square dancing club and its September start up. A few years previous to this, my husband, Will, and I were volunteering with the Prince George Exhibition, planning for and operating the Community Stage. We wanted to showcase the diversity of talented artists and clubs and found Gys who had arranged for some square dancers for the stage. [I remembered liking the introduction to square dancing in junior high (probably from the Northern Twisters) and thinking back then that I was going to learn how some day.] These thoughts came again as I watched the fun the dancers were having that day at the fair.

So, when I saw a poster at this transitional stage of my life, I realized an activity where I was physically active, learning a skill and having fun was what was missing and causing me to feel so out of sorts. The time had come to learn how to square dance and take it off my "bucket list". Will and I joined the Northern Twisters in September 2017 and were warmly welcomed. It was just what was needed.

Now my family and I are supporting and sharing the job of caring for our parents. I have to travel for this, so, am grateful for the patience of the experienced dancers, because I feel very much a beginner after having to miss many lessons. The genuine warmth and compassion of fellow dancers is much appreciated by both myself and my husband and it's good to be a part of a group where I belong and am accepted as just who I am.

Thank you all. I am looking forward to a lot more dancing and learning and laughing.

With love and laughter, Della Bondarchuk

### A Musical Murder Mystery Treat.

In early December, the Maranatha Christian School in Williams Lake presented a play called "Murder at Crimson House". It was a musical murder mystery

parody.

One of the main cast members in the play was **Nathan Seibert**, one of our new dancers this season.

He was splendid in the role of the world famous Hoboken detective Hercules Porridge, Junior not Senior.



Many of the Stampede Whirlaways attended a performance of this play, courtesy of caller, Nick Turner.

It was an enjoyable evening and we discovered what a multi- talented lad Nathan is as he acted, sang and danced his way around the stage.

Of course, we all know what his most special talent is, don't we? He is a square dancer!



### It time for..... THURSDAY March 7, 2019

### March Merriment

...with the Stampede Whirlaways

Child Development Center - 690 North 2nd Avenue - Williams Lake

7:00 P.M. Pre-Rounds - Mary Anne Turner

7:30 P.M. Mainstream Dance - Nick Turner

\$8.00 each (Charity Fund Raiser Night)



After the dance, enjoy delicious treats

### Join in the auction fun!



This is your chance to buy some special treats to take home. Proceeds will be used to support the Child Development Center

Dana

250-392-3066

dball@telus.net



### Well, Isn't That Interesting!

Since my husband, Nick Turner, had knee replacement surgery this month I have been reading to discover what activities a person such as him might safely be able to take part in when his knee has fully recovered.

I have a guide book published by Vancouver Coastal Health, Northern Health, Interior Health, Vancouver Island Health and Fraser Health.

Below is a list from that guide of activity recommendations that are definitely allowed after joint replacement.

Check out # 7 and # 8. Yay!

- 1. Stationary Cycling or road cycling
- 2.Golf
- 3.Swimming
- 4. Normal or Speed walking
- 5. Hiking
- 6. Canoeing
- 7. Square Dancing
- 8.Ballroom Dancing
- 9.Bowling
- 10.Shuffleboard

Now if I could only get him to dance while he is calling!

## 21st Canadian National Square & Round Dance Festival 2020

This festival is to be held in Surrey in 2020 - July 30, 31, and Aug. 1.

It's not too early to start planning. For information and registration forms, check out the convention website at

http://squaredance.bc.ca/2020



### Are You Smooth or a Sloppy Dancer?

by Jim Mayo in a 2016 Callerlab Convention Presentation

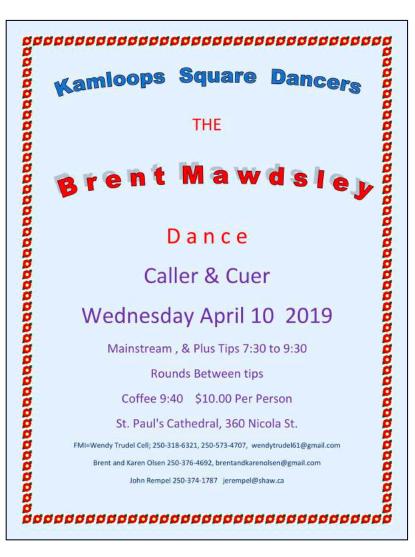
There are a few calls in square dancing that have become sloppy in execution. Most often the action of the men causes the women to do something uncomfortable. They've done this so much that they often don't even notice anymore.

From the stage, every time I call **Star Thru**, I see most of the women duck to avoid getting a man's elbow in the face. Guys, keep the elbow high - and, if she's too tall, don't insist on keeping the hands joined.

Another of those troublesome calls is **Ferris Wheel**. The men usually head directly at each other dragging the women behind them. When Don Beck created this call he described it by saying "the In-facing couples move straight ahead until they have formed a Two-Faced line in the center. Then they do a Wheel and Deal."

A similar problem occurs in **Recycle** which was intended to be a Hinge, Fold and Follow action. Often, these days, it seems to be "women reach across and get dragged by the men around the corner." Small wonder that so many women find this an uncomfortable call.

Consideration for others should be the name of the game. No one likes to be dragged around.



#### HAVE YOUR STICKERS WORN OUT? DO YOU WANT MORE?



We have had requests for more stickers but we have no more left from our original order. Researching in Williams Lake found us a company that will print more of them for us and we can order as few as 100 or more, of course.

By the time tax is added on, each sticker would cost about \$1.00 but we propose charging a Toonie, with the profit going to help pay for postage of the Cariboo Connection issues during the dance season.

Please canvas your clubs and see how many you might like to order. Deadline date for this time will be end of February, 2019

# Thoughts from a Whirlaway Dancer by Karen Piffko

Williams Lake started back to Square Dancing recently after what seemed like a very long Christmas break. It must have been a long time because I couldn't seem to get some of the calls right. 'Pass-the-ocean' used to come so automatically. Now it seemed like a totally new and unusual move. 'Touch left hands', or was it it 'right' or maybe both?

It's a good thing that the options are fairly limited and that there are fellow dancers who remember such things.

I believe that our caller, Nick and his wife, Round Dance cuer Mary Anne are among the best of teachers. I'd also like to say that Nick was very patient with us when we first started dancing as beginners. But I do remember a few comments like; "Pay attention to what I'm saying" and "Don't keep looking at your feet" and "Don't look behind you."

I'm so glad that fellow 'Whirlaways' **Kae Staffford** and others told me at the time that they still made a few mistakes after many years of dancing. Somehow that encouraged me although I'm not sure why it did!

I have a new dancer this year as a partner. **Jordi** has taken a keen interest in Square Dancing. He learned a bit in the beginning from the interest and then came to 'new dancer' lessons.

He was encouraged by the extra dance session at Nick and Mary Anne's studio, where some of the experienced dancers came to make up a square.

It's great to see how much so many people contribute to the success of the group. It's also great to see them still smiling at the end of a messed up tip. Without that commitment Square Dancing can gradually fade away and most of us don't want that to happen.

I'd like to thank all of you in the Square Dance world for your encouragement to each other and I look forward to seeing you at the up-coming jamborees in Prince George and Williams Lake, and the big one in Salmon Arm in July.

Lets make Square Dancing great again! :-)

### **Only in Prince George!**

Our first night dancing in 2019 was a snowy -18C. That didn't stop the Northern Twisters though; 4 squares enjoyed the evening with Caller **Gys Koops**, Cuer **Gary Dean** and "apprentice" **Jolanda Van Dyk**, who called a great tip.

While we were having a lovely evening, little did we know that out there in the cold and snow were **Nick and Mary Anne Turner** (Williams Lake), who had been searching for "Knox United Church" and when they finally found it, couldn't get into our hall. Imagine, our Region 5 President in the snow pounding on the door, freezing, just wanting to say "hello" to us while they happened to be in Prince George on a Monday night, and we didn't hear them!

How did this happen? Please take note all Region 5 square dancers who may come by sometime for a visit. We dance in the same hall that we have used for ages. The Church was formerly called Knox United and is downtown in Prince George. There was another United Church on the edge of downtown called St. Andrews. Well, a year or two ago, the two churches joined congregations and are now called Trinity United Downtown and Trinity United. We dance at 'Trinity United Downtown, located at 1448 Fifth Avenue. Even Google didn't give the location of "Knox United" anymore, and we hadn't updated some of our contact information on the Region 5 website, so there is a lesson there somewhere! (In PG we still refer to the Knox United Church, go figure!)

Oh, and by the way, the hall's entrance door is street level at the side parking lot, and doesn't have a doorknob; one of us gets in by the main door with a special key, goes downstairs and opens that side door from the inside. then we prop it open, the usual way for late dancers to enter the side entrance, but as the weather was so cold, I think the door was shut tight.

So, the contact information on Region 5 website is up-to-date now; we dance Monday nights 7 -9:30'ish and visitors are always welcome, honest!

Bev Rein - President, Northern Twisters

# BC Festival 2019 - July 11 - 13 Have You Registered Yet?

The excitement is building in anticipation of B.C.'s next Festival, July 11 to 13 in Salmon Arm! Pre-register now to help the planning committee.

It was 20 years ago that one time Williams Lake dancer **Gerrie Flumerfelt** attended the last Festival held at Salmon Arm in 1999. It was there that she met **Frank Hawley** of Kelowna. They're now married and living in Penticton. For them, B.C. Festival 2019 in Salmon Arm is the anniversary of their meeting and they're not going to miss it.

Perhaps you were there too in 1999? If so, share your memories through an online discussion forum at

### BCFestival2019.com/Community

A good incentive to pre-register for the Festival at \$65/dancer now through April 30 is that you can do so with confidence because a full refund applies up to June 15, should your plans change. At the web site **BCFestival2019.com** you can pre-register and pay online or print off a form and mail it with your cheque.



Square, round, clog, contra & line dancing are planned. The Shaw Centre Complex will host all the events and wood floors will be laid where needed. Note the Trail-In Dance on July 10 & a Trail-Out Dance July 14 in the same venue.

The complex includes two arenas in the main building plus several rooms and danceable floor space on the upper floor. Adjacent is a recreation centre having a beautiful hardwood floor auditorium. Also close by is a curling rink and Okanagan College with additional dance space.

Regarding the various square dance programs, they'll cover Basic through A-2 and, for the relative newcomers to square dancing, simpler programs will be available, serving those who took lessons under West Coast, Callerlab Condensed or Flexible Learning. Round dance phases will include II through V.

Many dedicated entertainers have committed to the exciting Festival 2019 dance program. So far, there are 48 callers and cuers from BC, Alberta, Washington & Idaho who've supported our Festival by pre-registering. See the roster up to now online at: **BCFestival2019.com/callers-cuers**. Attention new callers or cuers: there are spots on the dance program for you too, so submit your registration! Note that there will be turntables in all the halls.

Festival organizers are opening the doors to the general public during the event, not just to spectate but to participate. They'll be welcome to sample any of the dance forms in a hall dedicated for that purpose. Furthermore, Festival registrants can use the public sessions to try a different dance form.

Salmon Arm is a busy tourist area in the summer months, so book your accommodation now. The Festival's web site lists properties offering discounts. Be sure to tell them you'll attend Festival 2019. Those properties are followed by a full list showing distances from the dancing.

Billeting is being explored as well as the possibility that dancers in the region might like to open their homes to Festival registrants in vacation-rental style.

The Festival Committee has secured several dry camping areas for RV'ers at a very economical \$10/night. Space is limited. A regular shuttle service is planned. See details online at: **BCFestival2019.com/accommodations**. The largest of the sites is about 10 kms from the dance venue. For more information about that or to book, contact: Don & Marlene: 250-832-8420, e-mail: **marlenekrebs45@gmail.com** 

Holding all the dance events in one area is certainly accompanied by considerable venue rental fees. In order to defray some of those expenses, Festival organizers are offering various sponsorship opportunities.

Such sponsorships include the purchase of ads in the program book in several sizes, priced from \$30 to \$100. Apart from business or corporate interests, those ads can be placed by associations, dance clubs or even individuals. The message can be anything from well-wishes for loads of fun at the Festival to an invitation to your local multi-day dance event.

Callers and cuers might like to place an ad wishing everyone lots of fun and thereby raise awareness of their availability as an entertainer.

A silent auction will take place throughout the Festival, presenting an opportunity to promote your goods or services. Perhaps submit for auction a pass for two to your area's special annual dance weekend.

Monetary sponsorships are organized into 6 tiers, from "Associate" for \$250 to "Benefactor" at \$5,000. Custom sponsorships are also available.

Give your Festival some additional funding support. Select your sponsorship method now from a comprehensive online list of opportunities. See: **BCFestival2019.com/sponsorship** 

Many are familiar with Salmon Arm and the Shuswap region but you possibly don't know about all the attractions or realize just how incredibly scenic it truly is! Stay awhile before or after the Festival.

Be sure to take in attractions such as R.J. Haney Village & Museum. You'll step into the area's past on an historic main street that includes a restored gas station from 1927, complete with a vintage car of the Model T variety.

There are 5 championship golf courses in the region, considered by golfers as "must play" properties. Taste wines at 6 Shuswap wineries where, for the most part, each winery vineyard grows unique grape varietals that are suited to the cooler northern latitude.

You'll get a new perspective on the region and revisit its breathtaking beauty if you take a peek online at the 4 minute video "Soarin' Over the Shuswap." Find it on the **BCFestival2019.com** home page. Alternatively, you can go to **YouTube.com** and search for that title.

Festival organizers plan to use as many volunteers from outside the dance community as possible in order to free up dancers to enjoy the Festival. If you have members who are not active dancers and would like to be involved, please encourage them to submit their names as a coordinator or as part of the volunteer pool.

Act today to pre-register for the Festival and book your accommodation now, including dry camping. When at the Festival, if you see Frank & Gerrie of Penticton, say "congratulations on your 20th Anniversary of meeting in Salmon Arm at the Festival!"

Stay up to date via social media regarding Festival planning Facebook.com/BCFestival2019

twitter.com/BCFestival2019

info@BCFestival2019.com,





### **REGION 5 DANCE SCHEDULE 2018/2019**

(We have tried to be accurate but suggest phoning to confirm the event before travelling.)



WHEN	WHERE	EVENT	CALLERS/ CUERS
Feb. 11, 2019	Prince George	Valentine's Day Dance	Panel
Feb. 14, 2019	Vanderhoof	Potluck Valentine's Dance	Sandi, Dolores
Feb. 25, 2019	Prince George	Theme Night - 50s and 60s	Panel
Mar. 7, 2019	Williams Lake	March Merriment Dance and Charity Auction of Desserts and Goodies.	Nick & Mary Anne Turner
Mar. 18, 2019	Prince George	St. Patrick's Dinner and Dance	Panel
Apr. 1, 2019	Prince George	Goofer's Night	Panel
May 3-5, 2019	Prince George	62nd Spring Jamboree - Teddy Bears' Picnic Theme	Murray Few calling and cueing
May 24-26, 2019	Williams Lake	61st Anniversary Jamboree -Call of the Canadian Wilderness Theme	Dustin McGifford, Nick and Mary Anne Turner
July 11-13, 2019	Salmon Arm, BC	BC Festival 2019	Many Callers & Cuers

DO YOU NEED MORE COPIES OF THE CARIBOO CONNECTION? WANT TO SEE IT IN COLOUR?

To find the most recent copy of the Cariboo Connection Newsletter go to the website of the R5CCDA at http://www.r5ccda.squaredance.bc.ca

If you wish to submit an article to the Cariboo Connection, contact us at **nmturner@telus.net** The deadline date for the April issue is **March 20, 2019.** 

NOTE: You are welcome to reproduce any of the articles written in the Cariboo Connection for your own use, but please give credit to the Cariboo Connection when you do.

Smile of the Day

What is it called when a snowman has a temper tantrum?

